

WOHC 09 HIGHLIGHTS

September 11, 2009

Presenting the WOEMA Rutherford T. Johnstone Award to Dr. Pamela Hymel of Cisco Systems, is the Chairman of the WOEMA Awards Committee, Dr. Craig Conlon of Kaiser Permanente Northern California.



Rutherford T. Johnstone Memorial Lecture Award Presented to Dr. Pamela Hymel

Pamela Hymel, MD, Senior Director, Integrated Health and Corporate Medical Director for Cisco Systems, was recently honored with the Rutherford T. Johnstone Award from the Western Occupational & Environmental Medical Association (WOEMA) for significant initiatives designed to improve worker health and productivity. The award recognizes outstanding contributions to furthering the medical specialty of occupational and environmental medicine. Dr. Hymel is the 40th recipient of the award presented at the organization's annual conference on September 11, 2009, in Scottsdale, AZ.

Dr. Hymel is chiefly responsible for the strategy and design of Cisco's HealthConnections program, a health and productivity program for Cisco employees worldwide and an integrative health center, along with a fitness and childcare center in San Jose, CA. She is currently developing a global strategy for on-site healthcare delivery that is likely to be emulated in workplaces around the world. In 2007, Cisco's HealthConnections program won a Best Employers for Healthy Lifestyles Gold Award from National Business Group on Health (NBGH), the California Fit Business Gold Award and two

Behavioral Health awards from NBGH.

Dr. Hymel is president of the American College of Occupational & Environmental Medicine (ACOEM) and is currently leading a national campaign to promote the effectiveness of workplace initiatives for health and productivity that ultimately produce cost-savings and efficiencies for businesses while protecting the safety and well-being of employees. WOEMA is the largest component of ACOEM representing 600 physician members in the five western states of California, Utah, Arizona, Hawaii and Nevada.