OCCUPATIONAL MEDICINE: Improving Your Odds of Practice Success

SEPTEMBER 8-10, 2011
BELLAGIO RESORT, LAS VEGAS, NEVADA

LEADERSHIP
Sponsored by:
Western Occupational & Environmental Medical Association (WOEMA)
www.woema.org

UP TO 20 HOURS OF CATEGORY 1 CME AND MOC CREDIT!
WELCOME TO WOHC ‘11

at the Fabulous Bellagio Resort in Las Vegas!

On behalf of the WOHC planning committee and the WOEMA Board of Directors, we invite you to join us this September in continuing our tradition of excellence in educational presentations and exciting hospitality events.

The Odds of Practice Success will be stacked in your favor, as the topics and speakers selected for this year’s conference will give you the latest information on the most common, interesting and complex problems we face in occupational medicine practice today. Join us for site tours, interactive lectures, hands-on workshops, a night at Cirque du Soleil’s Viva ELVIS, and much more.

We invite your guests to enjoy a variety of special events including a private tour of the Bellagio Chihuly glass exhibit, arboretum and art museum. At WOHC, there is always something fun and educational for everyone.

We look forward to seeing you at the beautiful Bellagio Resort. Viva Las Vegas and WOHC ‘11!

Paula Lenny, MD, MPH, FACOEM
WOHC 2011 Conference Chair
Director, Occupational Health Services Maui
Kaiser Permanente

Roger M. Belcourt, MD, MPH, FACOEM
WOEMA President
Medical Director, Occupational Medicine
University of California, Davis

OUR MISSION

WOEMA seeks to promote and protect the health of people at work and in their environment through preventive service, clinical care, research, and evaluation. WOHC provides educational activities designed to enhance the professional capabilities of occupational and environmental medicine health care providers, and promote their life-long learning.

CONFERENCE FACULTY

Neville Alleyne, MD | James A. Craner, MD, MPH, FACP, FACOEM | Larry Culpepper, MD, MPH | Philip Harber, MD, MPH, FACOEM
T. Warner Hudson, MD, FAAFP, FACOEM | Leland Fairbanks, MD | Reef Karim, DO | Niklas Krause, MD, MPH, PhD
Howard Leaman, MD, FACOEM | Scott C. Levy, MD, MPH, FACOEM | Boris D. Lushniak, MD, MPH | Sean Mackey, MD, PhD
Thomas K. Mogensen, MD | Paul J. Papanek, Jr., MD, MPH, FACOEM | Bernyce M. Peplowski, DO, MS | Ravi Prasad, PhD
Kamshad Raiszadeh, MD | Ramin Raiszadeh, MD | Alan E. Randle, MD, FACOEM | Robert Scales, PhD | Don Schinske
Steven C. Schumann, MD | Steven Serra, MD, MPH, MRO | David Stoller, MD, FACR | Jim W. Vahey, MD
Robert A. Wachter, PE, CSP, REM | Hong Zhang, MD, MPH, MS, FACOEM

WOHC PLANNING COMMITTEE

Roger M. Belcourt, MD, MPH, FACOEM | Robert C. Blink, MD, MPH | Bryce D. Breitenstein, Jr., MD, MPH, FACOEM
Ceylon T. Caszatt, DO | Holly Chandler, MSN/FNP-C | Rupali Das, MD, MPH, FACOEM | Constantine Gean, MD, MBA, MS, FACOEM
Leslie M. Israel, DO, MPH, FACOEM | Paula Lenny, MD, MPH, FACOEM | James E. Lessenger, MD, FACOEM
Ellyn McIntosh, MD, MPH, FACOEM | Walter Newman, Jr., MD | Robert R. Orford, MD, MS, MPH, FACOEM
Robert J. Pandya, MD, MPH, FACOEM | Paul J. Papanek, Jr., MD, MPH | Bernyce M. Peplowski, DO, MS
Dennis E. Pocock, MD, MPH | Alan E. Randle, MD, FACOEM | Peter D. Swann, MD, FAAFP | Peter Vasquez, MD

With thanks to Vanda Monti for special event arrangements.

SILENT AUCTION COMMITTEE: Claire Sacks, PhD | Sandy Goldberg | Terri Kraser
EDUCATIONAL OBJECTIVES

After attending the conference, participants will be able to:

- Acquire the skills necessary to perform common office corticosteroid injections
- Recognize normal anatomy and common pathologic findings on musculoskeletal MRI/CT studies
- Apply the latest developments in the management and treatment of head trauma
- Examine and explore the controversy surrounding spinal fusion surgery
- Define what work-related asthma is and how it is distinguished from other common respiratory conditions
- Apply motivational interviewing techniques to improve communication and success with patients and key stakeholders within the Workers’ Compensation system
- Identify, evaluate and manage delayed recovery in injured workers
- Manage opioid therapy for chronic pain through appropriate use of treatment guidelines, narcotic contracts, drug testing and weaning
- Meet State Ethics Requirements - 2 hour biennial CME licensure requirement for NV physicians, Ethics in Clinical Occupational and Environmental Medicine Practice

BECOME A WOEMA MEMBER

WOEMA is a component of the American College of Occupational and Environmental Medicine (ACOEM), the premier association of occupational and environmental medicine (OEM) physicians and other OEM health professionals in the world. Physicians in California, Nevada, Arizona, Utah, and Hawaii join WOEMA through application to ACOEM. For more information, or to join WOEMA, visit www.acoem.org or www.woema.org.
## WOHC 2011 - SCHEDULE AT A GLANCE

### WEDNESDAY - SEPTEMBER 7, 2011

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:00 pm – 5:00 pm</td>
<td>Golf Tournament</td>
<td>Royal Links Golf Club</td>
</tr>
<tr>
<td>2:00 pm – 4:00 pm</td>
<td>Tennis Tournament</td>
<td>International Tennis Centre Las Vegas</td>
</tr>
</tbody>
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### THURSDAY - SEPTEMBER 8, 2011

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 am – 12:00 pm</td>
<td>Power Ortho – The Spine (PG-1)</td>
<td>David Stoller, MD, FACR, Kamshad Raiszadeh, MD, Ramin Raiszadeh, MD</td>
</tr>
<tr>
<td>12:00 pm – 3:00 pm</td>
<td>Guest/Spouse Activity</td>
<td>Bellagio’s Tuscan Kitchen® Cooking Demonstration &amp; Lunch</td>
</tr>
<tr>
<td>1:30 pm – 4:00 pm</td>
<td>MRI &amp; CT Workshop (PG-2)</td>
<td>David Stoller, MD, FACR</td>
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<tr>
<td></td>
<td>Office Corticosteroid Injection Techniques (PG-3)</td>
<td></td>
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<tr>
<td></td>
<td>Cosmopolitan Hotel &amp; Casino Behind the Scenes Tour (WS-2)</td>
<td></td>
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<tr>
<td>5:30 pm – 7:00 pm</td>
<td>Welcome Reception and Silent Auction</td>
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### FRIDAY - SEPTEMBER 9, 2011

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 am – 8:00 am</td>
<td>Continental Breakfast</td>
<td></td>
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<tr>
<td>8:00 am – 8:15 am</td>
<td>Chair’s Welcome and President’s Remarks</td>
<td>Paula Lenny, MD, MPH, FACOEM, Roger M. Belcourt, MD, MPH, FACOEM</td>
</tr>
<tr>
<td>8:15 am – 9:00 am</td>
<td>Keynote Address: Occupational and Environmental Health in the Public Health Model</td>
<td>Boris Lushniak, MD, MPH, Deputy Surgeon General, United States Public Health Service</td>
</tr>
<tr>
<td>9:00 am – 10:00 am</td>
<td>Hot Topics In Low Back Pain: Spinal Fusions for Chronic Low Back Pain – What is the Evidence?</td>
<td>Neville Alleyne, MD, Kamshad Raiszadeh, MD, Ramin Raiszadeh, MD</td>
</tr>
<tr>
<td>10:05 am – 10:45 am</td>
<td>Improving Your Odds of Success Through Motivational Interviewing</td>
<td>Robert Scales, PhD</td>
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<tr>
<td>10:45 am – 11:15 am</td>
<td>Break</td>
<td></td>
</tr>
<tr>
<td>11:15 am – 12:15 pm</td>
<td>Evaluation &amp; Management of Concussion: Guidelines and Controversies</td>
<td>Bert Vargas, MD</td>
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<tr>
<td>12:15 pm</td>
<td>Boxed Lunch</td>
<td>Pre-order on registration form. On-site purchase available for additional cost.</td>
</tr>
<tr>
<td>12:30 pm – 1:15 pm</td>
<td>Lunchtime CME: UR for Dummies: Achieving Success with Utilization Review</td>
<td>Bernyce Peplovski, DO, MS, Alan E. Randle, MD, FACOEM, Steven Serra, MD, MPH, MRO</td>
</tr>
<tr>
<td>12:30 pm – 2:30 pm</td>
<td>Cultural Diversity: Speaking to Your Patients in Their Language</td>
<td>Thomas Mogensen, MD, Steven Schumann, MD, Hong Zhang, MD, FACOEM</td>
</tr>
<tr>
<td>12:30 pm – 2:30 pm</td>
<td>Ethics in Clinical Occupational and Environmental Medicine Practice</td>
<td>(additional cost applies - see registration form) James Craner, MD, MPH, FACOEM, FACP</td>
</tr>
<tr>
<td>1:20 pm – 2:00 pm</td>
<td>Industrial Ergonomics: Materials Handling – Tools &amp; Techniques</td>
<td>Robert A. Wachter, PE, CSP, REM</td>
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<tr>
<td>2:00 pm – 2:55 pm</td>
<td>WOEMA Business Meeting, Annual Election, and Rutherford T. Johnstone Award Lecture</td>
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<tr>
<td>3:00 pm – 3:30 pm</td>
<td>Break</td>
<td></td>
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<tr>
<td>3:30 pm – 4:20 pm</td>
<td>Work-Related Asthma</td>
<td>Phil Harber, MD, MPH, FACOEM</td>
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<tr>
<td>4:20 pm – 5:00 pm</td>
<td>Practical Aspects of Sleep Disorders in Occupational Medicine</td>
<td>Howard Leaman, MD, FACOEM</td>
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<tr>
<td>5:00 pm – 6:30 pm</td>
<td>Exhibitor Reception</td>
<td>Exhibits</td>
</tr>
<tr>
<td>6:30 pm</td>
<td>Opening Evening - dinner on your own</td>
<td>(See WOEMA registration desk for restaurant suggestions)</td>
</tr>
<tr>
<td>9:00 pm – 11:00 pm</td>
<td>Viva ELVIS by Cirque du Soleil</td>
<td>(Tickets must be purchased in advance by August 1st.)</td>
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### SATURDAY - SEPTEMBER 10, 2011

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>7:00 am – 8:00 am</td>
<td>Continental Breakfast</td>
<td></td>
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<tr>
<td>8:00 am – 8:30 am</td>
<td>ACOEM President’s Address: OEM - The Road Ahead</td>
<td>T. Warner Hudson, MD, MPH, FACOEM</td>
</tr>
<tr>
<td>8:30 am – 9:15 am</td>
<td>Injuries in Las Vegas Hotel Workers</td>
<td>Niklas Krause, MD, MPH, PhD</td>
</tr>
<tr>
<td>9:15 am – 10:15 am</td>
<td>Chronic Pain: Practice Guidelines, Appropriate Use of Drug Testing, Narcotic Contracts &amp; Weaning</td>
<td>Sean Mackey, MD, PhD</td>
</tr>
<tr>
<td>10:15 am – 10:45 am</td>
<td>Break</td>
<td>Exhibits</td>
</tr>
</tbody>
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Continued...

10:45 am – 11:45 am
Shift Work and Sleep: Optimizing Health, Safety and Performance | Larry Culpepper, MD, MPH

11:45 am – 12:30 pm
Achieving a Smoke-Free Workplace: Tips Beyond the Textbooks | Leland Fairbanks, MD

12:00 pm
Boxed Lunch | Pre-order on registration form. On-site purchase available for additional cost.

12:45 pm – 1:30 pm
Legislative CME: | Scott C. Levy, MD, MPH, FACOEM | Paul J. Papanek, Jr., MD, MPH, FACOEM | Don Schinske | Steven Schumann, MD

1:45 pm – 2:45 pm
Spotting and Managing Delayed Recovery in Injured Workers | Ravi Prasad, PhD

2:45 pm – 2:55 pm
Break

2:55 pm – 4:15 pm
Para-Addictions: Sex, Gambling, and Shopping | Reef Karim, DO

4:15 pm – 4:45 pm
Late Breaking OEM News

5:00 pm – 5:15 pm
Closing Remarks
Paula Lenny, MD, MPH, FACOEM | Walter Newman, Jr., MD, WOEMA President-Elect | Rupali Das, MD, MPH, FACOEM, Chair, WOHC 2012

NETWORKING OPPORTUNITIES AND SPECIAL EVENTS

**WEDNESDAY, SEPTEMBER 7**

**GOLF TOURNAMENT**
Royal Links Golf Club
One of “America’s BEST Courses” by GolfWeek, the Royal Links course was built to honor the rich history and tradition of the game of golf. This links-style course features holes inspired by eleven different British Open rotation courses. Come enjoy a "historic" day with WOHC colleagues and friends as you play a truly memorable course! (Transportation included.)

**TELEVISION TOURNAMENT**
The International Tennis Centre Las Vegas
Bring your racquet and join some afternoon competition in a round-robin format. Players of all ability and skill levels are invited to participate and prizes will be awarded to the winners. Meet in the Bellagio hotel lobby. (Transportation included.)

**THURSDAY, SEPTEMBER 8**

**GUEST/SPOUSE ACTIVITY**
Bellagio’s Tuscany Kitchen® Cooking Demonstration & Lunch
A delicious treat is in store for those interested in the fine art of cooking and entertaining. Bellagio’s Tuscany Kitchen® — the first exhibition kitchen of its kind in Las Vegas — invites WOHC guests to learn culinary secrets from Bellagio’s award-winning chefs. Enjoy a mouth-watering 3-course lunch while watching how the food is prepared and presented. (Limited to 30 people – reserve your spot now!)

**WELCOME RECEPTION & SILENT AUCTION**
The odds are stacked in your favor! Join the celebration and toast WOHC 2011. Enjoy live music, cocktails, appetizers and participate in the annual Silent Auction. Back by popular demand — WOEMA’s very own WOHC Brothers & WOHC-ettes!

*Proceeds benefit the WOEMA Residents Scholarship Fund for WOHC 2012.

**FRIDAY, SEPTEMBER 9**

**GUEST/SPOUSE EVENT**
The Grand Trifecta Bellagio Tour
Parlay your WOHC fun with our spouse and guest event, "The Grand Trifecta". This private, guided tour begins at the magnificent glass sculpture "Fiori di Como," by Dale Chihuly then on to the dazzling "Fountains of the Bellagio". Next guests will visit the award winning Arboretum and Botanical Gardens. Finish the Trifecta with a private tour through the Bellagio Gallery of Fine Art featuring works of Renoir, Picasso, and Lichtenstein.

**EXHIBITOR RECEPTION & SILENT AUCTION**
Mingle with colleagues over a glass of wine and appetizers as you visit with exhibitors and unwind after an exhilarating day of learning. This is your last chance to bid on a variety of fabulous items in the Silent Auction.

**VIVA ELVIS BY CIRQUE DU SOLEIL**
Attend the WOHC signature event, Viva ELVIS by Cirque du Soleil. This brilliant spectacle has been described as "powerful, sexy, whimsical, and larger than life." The show highlights an American icon who transformed popular music and sizzles today, more than ever. (Group tickets limited to first 100 registrants. Reserve tickets by August 1.)

**GOING GREEN**
In acknowledging our part to protect the environment, at WOHC 2011 all materials will be available online for easy download, and the syllabus containing all conference lectures will be available on CD. Paper products will be recycled whenever possible.
CONTINUING MEDICAL EDUCATION

WOEMA is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. WOEMA takes responsibility for the content, quality and scientific integrity of this CME activity. WOEMA designates this educational activity for a maximum of 20 AMA PRA Category 1 Credits™. This credit may also be applied to the CME Certification in Continuing Medical Education.

AAFP: Approval is pending for prescribed credit from the American Academy of Family Physicians (AAFP).

AAPA: The American Academy of Physician Assistants accepts Category 1 CME for completion of NCCPA certification maintenance and state regulatory requirements.

ABOHN: The American Board of Occupational Health Nurses recognizes Category 1 CME as applicable for the education requirement for certification by the ABOHN.

ABPM: Approval of MOC hours is pending from the Board of Preventive Medicine (ABPM) for the module entitled "Western Occupational Health Conference."

Nurses: The California Board of Registered Nursing recognizes Category 1 CME for license renewal purposes.

Nurse Practitioners: Credit is pending for NPs

QME Credit: WOHC is a provider of continuing education credit for the Industrial Medical Council (IMC); this program is pending up to 12 hours of QME credit. Provider Number: 340

RESIDENT POSTER SESSIONS & SCHOLARSHIPS

Resident physicians are invited to present posters on occupational and environmental medicine research or projects that have been conducted. A review panel will award first prize ($250) and a second prize ($125) to the presenters.

A number of scholarships are available to residents. Those awarded scholarships will be requested to assist with speaker introductions and will have an opportunity to meet with WOEMA leaders. Contact WOEMA at (415) 764-4918 or www.woema.org to request an application form and/or to present a poster.

HOTEL INFORMATION

Bellagio Resort
3600 Las Vegas Blvd. South
Las Vegas, NV 89109

Reservations: (888) 987-6667

Identify yourself with “WOHC” to receive the group room rate.

Reservation Deadline: August 1, 2011

TRAVEL INFORMATION

The Bellagio Resort is located less than 5 miles from McCarran International Airport (LAS). Shuttle service from the airport to the Bellagio is approximately $6-8 each way, round trip $12-15.

REGISTRATION FEES

ACOEM/WOEMA members register for the discounted member registration fee of $595 per person. Fee includes: Welcome Reception, Exhibitor Reception, CME lunch sessions on Friday and Saturday, and syllabus on CD-ROM.

Separate registration fees apply for post-graduate sessions, golf and tennis tournaments, guest/spouse activities and events, and Viva ELVIS by Cirque du Soleil.

MEMBERSHIP DISCOUNT

Members in ACOEM and WOEMA are eligible for registration discounts in addition to the benefits accrued throughout the year. Become a member by calling ACOEM at (847) 818-1800 or join on-line at www.acoem.org.

QUESTIONS?

Questions about WOHC 2011 can be directed to WOEMA via email at woema@hp-assoc.com, phone (415) 764-4918, or by fax (415) 764-4915.

SAVE THE DATE FOR WOHC 2012

SEPTEMBER 13-15, 2012
InterContinental Hotel | San Francisco, CA
Name: ___________________________  Degree: ___________________________

Affiliation/Company: ___________________________________________________________

Address: ___________________________  City: ___________________________  State: ______  Zip: ______

Phone: ___________________________  Fax: ___________________________  Email: ___________________________


Spouse/Guest Name (if applicable) ($75 guest fee):

POST GRADUATE AND WORKSITE TOURS: (Thursday, September 8)
Member - $100 | Non-Member - $125 | RN/PA, Other Health Care Professional - $75 | Retired - $50 | Resident/Student - $50 (prices are per session)

8:00 am – 12:00 pm

$q$ Power Ortho – The Spine (PG-1)
$q$ Cleveland Clinic Lou Ruvo Center for Brain Health – Facility Tour (WS-1)

1:30 pm – 4:00 pm

$q$ MRI & CT Workshop (PG-2)
$q$ Office Corticosteroid Injection Techniques (PG-3)
$q$ Cosmopolitan Hotel & Casino Behind the Scenes Tour (WS-2)

PLENARY ONLY: TWO-DAY SESSION REGISTRATION (Friday & Saturday, September 9-10)

$q$ ACOEM/WOEMA Members $595
$q$ Retired ACOEM/WOEMA Members $300
$q$ Non-Member Physicians $750
$q$ Residents/Students $200 (A limited number of resident scholarships are available. Applications available at www.woema.org)
$q$ RN/PA, Other Health Professionals $400
$q$ Guest(s) attending with a full-conference registrant(s) $75 each

FRIDAY CME LUNCH TOPICS: (Choose one – included with conference registration)

$q$ UR for Dummies  $q$ Cultural Diversity
$q$ Yes, I want a boxed lunch:  $q$ turkey  $q$ roast beef  $q$ veggie wrap (Purchase in advance – $20/$25 on site)

SATURDAY CME LUNCH TOPICS: (Choose one – included with conference registration. Boxed lunches available for purchase)

$q$ Legislative Roundtable
$q$ Yes, I want a boxed lunch:  $q$ turkey  $q$ roast beef  $q$ veggie wrap (Purchase in advance – $20/$25 on site)

SYLLABUS: The course syllabus will be provided on CD-ROM for all conference attendees. (Included with conference registration)

$q$ Yes, I would like a printed copy of the syllabus. (Ordered in advance $50; on-site $75)

SPECIAL EVENTS/FRIDAY ETHICS COURSE:

Wednesday, September 7
$q$ Tennis Tournament at The International Tennis Centre Las Vegas (includes prizes for the winners) ($50 per person)
$q$ Golf Tournament at Royal Links Golf Course (includes cart, range balls, boxed lunch and prizes for the winners) ($135 per person)

Thursday, September 8
$q$ Guest/Spouse Activity – Bellagio’s Tuscany Kitchen® Demonstration & Lunch ($95 per person)

Friday, September 9
$q$ Ethics in Clinical Occupational and Environmental Medicine Practice ($50 per person)
$q$ Guest/Spouse Event – The Grand Trifecta Bellagio Tour ($35 per person) _____ # tickets
$q$ Viva ELVIS by Cirque du Soleil ($125 per person) _____ # tickets (reserve tickets by August 1st.)

TOTAL REGISTRATION FEES: Late fee: add $50 to all registrations postmarked/received after August 1, 2011.

$ ___________________________

METHOD OF PAYMENT:  $q$ Check*  $q$ Visa  $q$ Mastercard  $q$ AMEX

Cardholder Name (please print); ___________________________  Signature: ___________________________

*Checks should be made payable to “WOHC” and made in U.S. dollars, drawn on U.S. banks.

It is very important to us that you enjoy your participation in WOHC ’11. If due to a disability, you have special needs or requirements, please call (415) 764-4918 and we will do our best to accommodate your needs.

CANCELLATIONS: No refunds after August 1, 2011. Cancellations made prior to August 1, 2011 are subject to a 50% cancellation fee. Post-Graduate Sessions, Guest/Spouse Activities, and Special Events are subject to a minimum and maximum attendance. If the requirements are not met, we reserve the right to cancel or, if a sell-out occurs, we reserve the right to limit attendance where necessary.
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