

STYLE	STRATEGY	ACTIVITY
Systematic	<ol style="list-style-type: none"> 1. Collaborate with learners as you plan 2. Assess participant learning needs and styles 3. Set clear, meaningful objectives 4. Plan to reach your objectives 5. Evaluate your plan 	Case studies; charts and graphs; clear goals and objectives; well-organized lectures; computer programs; well-outlined topics; expert panel discussion; written material or handouts; structured classroom seating; workbooks, written, objective tests; evaluations
Stimulating	<ol style="list-style-type: none"> 6. Present information in interesting, useful ways 7. Use active learning approaches 8. Encourage creativity 9. Help participants solve real problems 10. Help participants to practice their learning 	Active learning approaches; debates; demonstrations; dynamic short presentations; clear principles; group projects; examples and illustrations; time to practice; question and answer period; solving real-life problems; teaching others; guided group discussions
Spontaneous	<ol style="list-style-type: none"> 11. Help participants tell their stories 12. Make it funny, make it fun 13. Use imagination and the arts 14. Allow for risk taking 15. Take time to reflect 	Drawing, sculpting, etc.; drama or role play; creating and inventing; guided imagination; journaling; fun activities and games; meditating; mind mapping; storytelling; surprise and humor; taking risks; poetry and music
Safe	<ol style="list-style-type: none"> 16. Help participants feel at home 17. Let participants know what to expect 18. Help participants get acquainted 19. Keep time commitments 20. Build trust and openness 	Friendly instructor; ice breakers/warm up exercises; good refreshments; group projects; know what will happen; mentoring; comfortable learning space; peer learning; personal coaching; relaxed atmosphere; self-study programs; small group discussion