

WOHC 2017 Resident Scholars



Amilcar Cardona, MD

University of Utah
Program Director: Dr. Eric Wood

Dr. Amilcar F. Cardona is an Occupational Medicine resident at the University of Utah/Rocky Mountain Center for Occupational and Environmental Health. Dr. Cardona previously completed residency training in General Surgery and specialization in Burn care. As an Occupational Medicine physician, Dr. Cardona is interested in healthcare disparities and outcomes among minorities and migrant populations. His current research interest focuses on the natural history of carpal tunnel syndrome among working populations. Upon completing his training, Dr. Cardona envisions practicing in a clinical setting and continuing academic and research activities with the objective of making significant contributions to scientific knowledge within the field of Occupational and Environmental medicine.



Krystal Franklin, MD, MBA

University of Pennsylvania
Program Director: Dr. Judith McKenzie

Born the middle child of a pastor and social worker, Dr. Krystal A Franklin was destined to make an impact on the lives of her community. Before completing grade school, she embraced her desire to become a doctor through her involvement in faith based and community health promotion, including diabetes and hypertension screenings. She has since involved herself in various philanthropic medical missions and healthcare research initiatives. In lieu of her training as a general surgeon, Dr. Franklin realized there was more to offer the medical community and the family she loves. Due to the legacy of her father and guidance of her program director, Dr. Judith McKenzie, Dr. Franklin helped initiate the first Diabetes Program at the University of Pennsylvania in 2017. It is her desire that her research on structured lifestyle change programs positively impact the field of Occupational Medicine and Preventive Medicine alike.



Paul Hendricksen, MD

Uniformed Services University
Program Director: Dr. Pamela Krohl

Dr. Paul Hendricksen came to Occupational Medicine through a varied and diverse pathway. He grew up working on farms, at 2 ½ he was steering semi-trucks, at 5 years-old he was driving tractors with his own chores. Dr. Hendricksen also worked in construction, from concrete and foundations to roofing and everything in between (including HVAC, plumbing, electrical, carpentry) and also operated some heavy equipment. He transitioned through nursing school to the US Air Force working as an aviation electrician, repairing radios and radar systems. He then transitioned to the US Navy, in his father's footsteps, and completed medical school at the Uniformed Services University of the Health Sciences (USUHS). Dr. Hendricksen interned in Family Medicine and served as General Medical Officer for the US Marines Corps for four years, where he learned to love the essence of Occupational and Environmental Medicine before knowing it existed as a specialty. When he learned of Occupational Medicine he found the home in medicine he had been desiring, a specialty focused on preventing injury and keeping people healthy and happy.

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Lincoln Holdaway, MD

University of Utah
Program Director: Dr. Eric Wood

Dr. Lincoln Holdaway's medical career began during high school in 1997 when he earned his EMT-B with hopes of becoming a ski patroller. His interest in medicine led him to abandon his snow based aspirations and he worked his way into medical school. He graduated from University of the Health Sciences (USUHS), the military medical school, in 2008 after commissioning as an Army officer in 2004. Unsure of his path in medicine, he applied for a transitional internship after medical school which he completed at Eisenhower Army Medical Center in Georgia. He then served as a flight surgeon at Fort Campbell for 4 years which included 21 months in Afghanistan over two deployments. Essentially in the role of Medical Director for an Army aviation task force, Lincoln grew to highly value population health and his role of caring for workers in oftentimes hazardous environments. He completed his military obligation in 2016 after three years working as a staff physician in the Fast Track section of a medical center Emergency Department. In the final years of his military contract, he committed to occupational medicine as a career field to continue caring for working populations in a non-military environment. He began his Occupational Medicine residency at the University of Utah in July 2016 and is on track to graduate in June 2018.



Ling Jing, DO, MPH

University of California, Irvine
Program Director: Dr. Catherine Boomus

Dr. Jing is a PGY-2 resident in Occupational and Environmental Medicine at the University of California, Irvine. She completed her undergraduate degree in Biochemical and Biophysical Sciences at the University of Houston, and received a master's degree in public health at the University of Texas Health Science Center in Houston. She was so inspired by the volunteer work she did at a homeless clinic that she decided to pursue medicine. Dr. Jing attended Touro University, Nevada for an osteopathic medical degree before completing an Internal Medicine internship at Walter Reed National Military Medical Center. She was a General Medical Officer in the United States Navy for 4 years before starting her OEM residency.



Jasmine John, MD

Meharry Medical College
Program Director: Dr. Heather O'Hara

Dr. Jasmine John is originally from Chicago, IL. She completed a B.S. in Health Sciences from Manipal University in India. She attended medical school at Avalon University School of Medicine. She then spent a year volunteering at a local free clinic serving the uninsured and underinsured population of Chicago. At the free clinic, she served as a preceptor to medical and nursing students through all the various clinics, obtained medications for patients through the medication assistance program and did epidemiologic research for grant funding. She also volunteered in an animal shelter and women's shelter. She has completed her internship in Family Medicine at West Virginia University medicine, United Hospital Center in Bridgeport, WV. Her academic interests include HIV, maternal child health and rural medicine.

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Tracy Lee, MD, MPH

University of California, Irvine
Program Director: Dr. Catherine Boomus

Currently, Dr. Tracy Lee is a first year resident in the University of California, Irvine Occupational Medicine Residency. Her educational history includes a B.S. degree from the Georgia Institute of Technology in Atlanta, GA and an M.D. degree from the Medical College of GA in Augusta, GA. Additionally, she has been working in occupational medicine for years before starting residency. After an internal medicine internship, she served as an active duty medical officer in the Navy from 2010-2014, which included serving as the medical division head at the Marine Wing Support Squadron-371, a deployment to Afghanistan, and serving as the medical division head at the S.E.R.E> (Survival, Evasion, Resistance, and Escape) School. After the military, she practiced in the civilian sector as a full time physician at US Health Works Medical Group in San Diego, CA from 2014-2015. She then practiced in the government sector at the Naval Medical Center San Diego Occupational Health Unit from 2015-2017 while completing an MPH degree from the Medical College of Wisconsin.



Nancy Ngoc Giao Ly, MD

University of Cincinnati
Program Director: Dr. Andrew Freeman

Dr. Nancy Ly is a second year Occupational Medicine resident at the University of Cincinnati, Ohio. She graduated medical school from Ross University School of Medicine, New Jersey. She completed an internship in General Surgery at SUNY Upstate, New York. She then served as Clinical Medicine Junior Faculty at Ross University School of Medicine. Dr. Ly joined the Occupational and Environmental Medicine Residency Program at the end of her postdoctoral research fellowship in cancer immunology at NYU Langone Medical Center, New York. She was drawn to occupational medicine for its interdisciplinary reach as well as its public health perception. There is a considerable score for occupational medicine physicians to do groundbreaking research. Presently, she is working on implementing a lead surveillance program for women attending the Cincinnati Health Department's prenatal clinics to validate the Ohio Department of Health's Lead in Pregnancy Risk Questionnaire. This project is an ongoing development in conjunction with the Department of Environmental Health and Cincinnati Children's Hospital. In her spare time, she enjoys going abroad on medical missions. Landscape watercolor and nature pastel paintings are her favorite hobbies. Having grown up in the Bay Area of California, she would like to return there to serve the community and practice Occupational Medicine after the completion of her residency.



Charity Russell, MD

Loma Linda University
Program Director: Dr. Akbar Sharip

Dr. Charity Penaloza Russell is a graduate of Loma Linda University School of Medicine. She completed her intern year training at the University of North Carolina- Chapel Hill. She obtained a B.S. in Biochemistry from Southern Adventist University in 2009. Her interests include corporate medicine and public safety medicine. In her spare time she enjoys traveling with her family and baking.

WOHC 2017 Resident Scholars



Salomeh Sadaghiani, MD

Loma Linda University
Program Director: Dr. Akbar Sharip

Growing up in Germany, Dr. Salomeh Sadaghiani enjoyed and appreciated an active and healthy lifestyle – both through her upbringing and the socio-medical system. Her Persian background contributed to the passion for healthy living and strong core values. After graduating medical school from the University of Hamburg in Germany, she participated in research on cerebrovascular disease at Massachusetts General Hospital for a year. Upon conclusion, she was determined to do medicine that treats root causes of dysfunction to restore vitality and productivity. She is proud to be a resident physician in the Preventative and Occupational Medicine combined program at Loma Linda University. Upon completion of her residency training, she looks forward to helping individuals to return to work as well as incorporating lifestyle medicine and prevention into occupational medicine and employee wellness. In her time away from work, she enjoys being a mom, traveling, cooking, swimming, and yoga.



Sylvia Onyensoh, MD, JD

Meharry Medical College
Program Director: Dr. Heather O'Hara

Dr. Sylvia Onyensoh is a PGY3 Occupational Medicine Resident at Meharry Medical College, located in the beautiful city of Nashville, Tennessee. She obtained her undergraduate degree in Environmental Biology from the University of Colorado at Boulder, after which she went on to study Law and obtained her Juris Doctor (J.D.) at the historic Howard University School of Law in Washington, DC. While at law school, she had some notable accomplishments, which include earning a membership into the Howard Law Review and the Phi Delta Phi international legal Honor society. She worked for over 7 years in both the corporate and legal arena prior to going back to school in 2009 to pursue her life-long dream of becoming a physician. Dr. Onyensoh obtained her medical degree (M.D.) from the historic Meharry Medical College in 2013, where she graduated with academic Honors. She went on to Greenwich hospital/Yale New-Haven Health System where she completed her Internship in Internal Medicine. She is now completing her residency/specialty training in Occupational and Environmental Medicine, and is passionate about this area of medical practice, which ties together all of her professional and educational experience and training. She is also married and has three beautiful children.



Benjamin Schanker, MD, MBA, MPH

University of California, San Francisco
Program Director: Dr. Paul Blanc

Dr. Benjamin Schanker graduated from Boston University as valedictorian in 2009 with dual degrees (BA/BS) in Biotechnology and Human Physiology. He subsequently completed an MD at Harvard Medical School, an MBA at the University of Oxford, and an MPH from Johns Hopkins Bloomberg School of Public Health. He trained in Internal Medicine at Yale New Haven/Bridgeport Hospital and will complete a Preventative (Occupational) Medicine Residency at the University of California, San Francisco (UCSF). Dr. Schanker is the founder of Valpro Health, a digital health company transforming value-based healthcare delivery through innovation in healthcare finance, medical quality, and information technology. Prior to starting Valpro Health, Dr. Schanker was a Fellow at the US Department of Health and Human Services, and served as an expert consultant on Health Technologies for the World Health Organization. His dissertation on *Healthcare Innovation to Improve Patient-Centered Value through Telemedicine* was awarded Special Distinction from Oxford, where he was a Consultant to the National Health Service (NHS). Dr. Schanker is the youngest member ever elected to the American Board of Medical Quality, where he continues to serve.

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Tyler Sura, MD

Loma Linda University
Program Director: Dr. Akbar Sharip

Dr. Tyler Sura is a current Occupational Medicine Resident at Loma Linda University. He is a Minnesota native who graduated with his B.S. in Biochemistry from Bethel University and received his M.D. from Loma Linda University. Dr. Sura is thrilled to be presenting a poster at his first Western Occupational Health Conference. Dr. Sura is passionate about corporate medicine, population health, and health policy.



Steven Watts, MD

Loma Linda University
Program Director: Dr. Akbar Sharip

Steven James Watts, MD is PGY-3 at Loma Linda University Occupational and Environmental Medicine Residency Program. He is a graduate of Loma Linda University School of Medicine. He completed his Internship in Internal Medicine at Huntington Memorial Hospital in Pasadena, CA. He obtained a B.S in Business Administration from Pacific Union College. His interests include corporate medicine, business consulting, and general occupational medicine.



Sarang Yoon, DO, MOH

University of Utah
Program Director: Dr. Eric Wood

Dr. Sarang Yoon is a PGY-3 Occupational Medicine Resident at University of Utah. She received her medical degree from Touro University Nevada College of Osteopathic Medicine. She received her undergraduate degree from University of California, Los Angeles. Her interest in occupational medicine stems from working with underserved populations and passion for preventative care. During her free time, she enjoys trying new places to eat, hiking with her dogs, and all things Harry Potter.