

# WOHC 2019

WESTERN OCCUPATIONAL HEALTH CONFERENCE



**SEPTEMBER 11-14, 2019**  
**SHERATON HOTEL & MARINA BAY**  
**SAN DIEGO**

*Coming Home:  
Recharge and Succeed*

WOHC IS PROVIDED BY



WESTERN OCCUPATIONAL & ENVIRONMENTAL  
MEDICAL ASSOCIATION

The 63rd Annual Conference of the  
Western Occupational & Environmental Medical Association



Akbar Sharip MD, MPH, FACOEM

Dear Friends and Colleagues,

We invite you to join us for the 63rd Annual Western Occupational Health Conference (WOHC) on September 11-14, 2019 at the Sheraton Hotel & Marina, San Diego.

Building on previous years' successes, our WOHC Planning Committee is set to deliver another outstanding conference with high-quality education providing the necessary tools for your professional advancement. WOEMA is a home, family, community, and haven for Occupational Health practitioners. Our WOHC theme this year: "Coming Home: Recharge and Succeed" signifies our goal that you will reap the benefits of being a part of our WOEMA family and that WOHC will provide you with renewed energy, knowledge, and connections to propel you even further in your OEM career and your personal growth.

The practice of Occupational Medicine, as a specialty, demands a lot from each of us. Many of us find ourselves facing challenges we never anticipated would be part of practicing medicine, yet here we are serving in diverse roles as corporate medical directors, private practitioners, researchers, clinicians, medical consultants, expert reviewers, etc. In order to meet the demands that come our way, we must stay connected to one another for insights to best practices, the latest on guidelines and regulations, OEM resources, new techniques, and specialty trends.

In addition to taking full advantage of the latest OEM topics offered in our WOHC plenary sessions, we also invite you to take part in post-graduate sessions: Power Pharma and Power Ortho. To meet your certification needs, you can choose from a Commercial Driver Course, a Workers' Compensation Certificate Course, and an Occupational Medicine Board Exam Review Course. Unique worksite tours offer opportunities to explore the USS Midway Aircraft Carrier Museum and the Solar Turbines machinery plant, both based in San Diego. And to add fun and flavor to your conference experience, we invite you and your guests to join us for our Friday night Signature Event: "Fiesta on the Bay" where you'll enjoy an evening with colleagues and friends in beautiful San Diego. The evening includes music, cocktails, a stunning sunset from the waterfront patio, dancing, and tantalizing tastes of local cuisine.

For our early career physicians, WOEMA is pleased to offer scholarships to residents seeking to attend WOHC and present a poster, and residents may attend the Commercial Driver Course free of charge.

## PLANNING COMMITTEE

Akbar Sharip, MD, MPH, FACOEM, Conference Chair  
Chang Na, MD, MPH, FACOEM, Conference Vice-Chair  
Rahila Andrews-Steele, MD, MOH  
Rosalie Banasiak, MD, FACOEM  
Sheri Belafsky, MD, MS, FACOEM  
Anthony Biascan, MD, MSC, FACOEM  
Robert Blink, MD, MPH, FACOEM  
Jerald Cook, MD, MS, CIME, FACOEM  
Rajiv Das, MD, MPH, MS, MRO, FACOEM  
Rupali Das, MD, MPH, FACOEM  
Gurinder Dhindsa, MD, MPH, FAADEF, FACOEM  
Derek Gagnon, MD, MS, MRO, FACOEM  
M. Andrew Greenwood, MD, MPH, BASC  
Andrew Guo, MD, MPH, MBA, FACOEM  
Francis Hall, MD, MPH  
Mason Harrell, III, MD, MPH, FACOEM  
T. Warner Hudson, III, MD, FACOEM, FAFAP  
Marcia Isakari, MD, MPH, FACOEM  
Paul Kim, MD, MPH, FACOEM  
Scott Krasner, MD, MPH, FACOEM  
Krystal Lin, MD, MSPH  
David McKinney, MD, MPH, AME/QME  
Sonya Meyers, MD, MPH  
Minh Q. Nguyen, DO, MPH, MBA, FACOEM  
Amir Nicknam, MD, MPH, CIME, FACOEM  
Bernyce Peplowski, DO, MS, FACOEM  
Amy Reese, MD, MPH, MRO  
Tyler Sura, MD  
Ramon Terrazas, MD, MPH, QME, FACOEM  
Rakhee Urankar, MD, MSPH  
Sean Welsh, MD  
Erik Won, DO, MPH, MBA, FACOEM

WOHC presents a fantastic opportunity to expand and enhance your practice through communication with colleagues from diverse backgrounds. Participation in the planned social activities are not only fun, but a great way to reconnect with faculty and colleagues.

We are looking forward to seeing you at WOHC -- your home to recharge and succeed!

JOIN US IN  
**SAN DIEGO!**

## OUR MISSION

The educational mission of the Western Occupational & Environmental Medical Association (WOEMA) is to change the way our constituents practice medicine such that the health and well-being of their patients improve. Specifically, WOEMA seeks to prevent occupational illness and injury and expedite patient recovery time from injury. Our continuing medical education (CME) programs strive to improve our learners' clinical decision-making skills in order to improve overall worker health. The WOEMA Board of Directors and the WOEMA Committee on Education believe that CME is the pathway to achieving the Association's mission. Our intention is to provide CME that is timely, dynamic, engaging, and accessible in order to support and inspire life-long learning.

**WEDNESDAY, SEPTEMBER 11, 2019**  
**PRE-CONFERENCE COURSE**
**8:00 AM – 5:30 PM // OCCUPATIONAL MEDICINE BOARD  
EXAM REVIEW COURSE (FULL DAY)**

New this year, WOEMA is offering a one-day, condensed eight-hour refresher course to prepare graduating and current residents to take the ABPM Occupational Medicine Board Examination, as well as for established Occupational Medicine physicians to update their knowledge ahead of the recertification exam. John Meyer, MD and Nimisha Kalia, MD will provide a teaching session and review on clinical, administrative, and programmatic aspects of occupational medicine that appear on the ABPM examination, and offer

you the chance to assess your familiarity with the major areas of occupational medicine practice. Whether you are taking the exam for the first time, or are updating for your ten-year re-certification, this course can provide you with the right material to enable you to feel confident in your OM expertise.

Fees: ACOEM Member: \$495; Non-Member: \$695; Resident/Retired/Student Member: \$295

**THURSDAY, SEPTEMBER 12, 2019**  
**POST-GRADUATE SESSIONS AND WORKSITE TOURS**
**8:00 AM – 4:30 PM // COMMERCIAL DRIVER  
CERTIFICATION COURSE**  
**Michael Berneking, MD;**  
**Anne-Marie Puricelli, MD**

This is a course designed to meet the requirements for the FMSCA examiner certification process. The information in this course, coupled with the syllabus is designed to prepare attendees for the certification testing. It will further act as a reference to those conducting DOT examinations.

**8:00 AM – 11:00 AM // WORKSITE TOUR (WS - 1) –  
SOLAR TURBINES**

Solar Turbines, headquartered in San Diego since 1927, designs and manufactures industrial gas turbines for onshore and offshore electrical power generation, for marine propulsion and for producing, processing and transporting natural gas and oil. This tour will include an overview of the production and assembly facility and will touch on Solar Turbine's role in offshore readiness and compliance. Watching a 15-minute video on security & safety will be required of all tour participants prior to the tour. Attendees who do not complete the safety video before the tour will not be granted access on the premises, nor will refunds be given.

**8:00 AM – 11:00 AM // POST-GRADUATE SESSION (PG - 1) –  
POWER ORTHO -  
WE'VE GOT YOUR BACK**  
**Brian Davis, MD**

Join us for WOHC 2019's annual Power Ortho course as we learn essentials of spine injuries from UC Davis Sports Medicine faculty. Attendees will learn the latest evidence in diagnosis and treatment of spinal injuries. Early registration is encouraged for this popular course that includes plenty of time for questions with the experts and a hands-on skills workshop. This course is an annual favorite for attendees as it provides a unique focus on occupational injuries in an intimate learning environment.

**1:00 PM – 5:00 PM // CA WORKERS' COMPENSATION  
CERTIFICATE COURSE**

Here you will learn the basics of CA Workers Compensation. Tailored to all who work, or have interest in California Workers' Compensation, the course will describe the structure of the system, the various parties, and the role of the primary treating physician with an emphasis on foundational knowledge to practice Workers Compensation effectively in California. The materials are based on the California Division of Workers' Compensation Physicians' guide with an emphasis on the practical concepts for the treating physician. In addition to MDs/DOs, the course is open to mid-level health care providers (PA, NP, PT, OT) who are involved in many of core elements of medical practice and ongoing patient care. While the course is focused on California, anyone with an interest in workers' compensation is welcome to attend and expand their understanding of this benefit system. Fee: \$295 (all attendees)

**1:30 PM – 4:30 PM // WORKSITE TOUR (WS - 2) –  
USS MIDWAY**

USS Midway is an aircraft carrier named after the Battle of Midway. Midway was commissioned in 1944, a week after the end of World War II. She was the largest ship in the world until 1955. The tour highlights the below decks working spaces, the hangar, and flight deck with 30 restored aircraft that you can explore. This tour will leave you with a lasting impression of recent military history, as well as shipboard life and the many hazards surrounding sailors at sea.

**1:30 PM – 4:30 PM // POST-GRADUATE SESSION (PG - 2) –  
POWER PHARMA ANALGESIC  
STRATEGIES TO TREAT MUSCLE PAIN**  
**Lori Reisner, PharmD, FCSHP;**  
**Gurkirpal Singh, MD**

This course is a comprehensive review of medications and modalities used to treat pain located in muscles. Participants will gain a deep understanding of the known pathophysiology of pain and mechanisms of action of the strategies used to treat it.

• **PLENARY SESSIONS** •

**WEDNESDAY, SEPTEMBER 11, 2019**

**8:00 AM – 5:30 PM** **Occupational Medicine Board Exam Review Course**  
John Meyer, MD; Nimisha Kalia, MD

**THURSDAY, SEPTEMBER 12, 2019**

**8:00 AM – 4:30 PM** **Commercial Driver Certification Course**  
Michael Berneking, MD;  
Anne-Marie Puricelli, MD

**8:00 AM – 11:00 AM** **Worksite Tour (WS - 1) – Solar Turbines**

**8:00 AM – 11:00 AM** **Post-Graduate Session (PG - 1) – Power Ortho: We’ve Got Your Back**  
Brian Davis, MD

**1:00 PM – 5:00 PM** **CA Workers’ Compensation Certificate Course**  
Rupali Das, MD; Roman Kownacki, MD

**1:30 PM – 4:30 PM** **Worksite Tour (WS - 2) – USS Midway**

**1:30 PM – 4:30 PM** **Post-Graduate Session (PG - 2) – Power Pharma Analgesic Strategies to Treat Muscle Pain**  
Lori Reisner, PharmD; Gurkirpal Singh, MD

**5:00 PM – 6:30 PM** **Welcome Reception with Exhibitors**

**6:30 PM – 7:30 PM** **Residents Orientation Meeting**

**FRIDAY, SEPTEMBER 13, 2019**

**7:00 AM – 8:00 AM** **Continental Breakfast / Exhibits**

**8:00 AM – 8:15 AM** **WOHC Chair’s Welcome Remarks**  
Akbar Sharip, MD

**8:15 AM – 9:05 AM** **Keynote Opening Session Being an Occupational Medicine Physician and Insights**  
Donna Baytop, MD

**9:10 AM – 10:00 AM** **Lifestyle Medicine: Treating the Root Cause of Injury**  
Wayne Dysinger, MD

**10:00 AM – 10:30 AM** **Break (with Exhibitors)**

**10:30 AM – 11:10 AM** **Sharpening Our Blades: Five Cutting Edges for Advancing OEM and Staying at our Best**  
Kent Peterson, MD

**11:15 PM – 12:00 PM** **Reasonable Medical Treatment – When is Enough, Enough?**  
Debbie Ehsan, ARM; Bart Sullivan; Michael Sullivan; Steve Wiesner, MD

**12:00 PM – 1:15 PM** **Lunch Break (on your own)**

**12:00 PM – 1:15 PM** **Women’s Luncheon: Leading with Resilience and Strength Using Emotions to Lead with Confidence**  
Helane Fronck, MD

**12:00 PM – 1:15 PM** **Legislative Affairs Roundtable (open to all)**

**1:30 PM – 2:15 PM** **Celebrate Your Calling: The Special Place You Hold in the Hearts of Your Corporate and Personal Clients!**  
Roger Woodruff, MD

**2:20 PM – 3:10 PM** **The Future of Healthcare: What Trends Will Shape Occupational Medicine and Workers’ Comp**  
Robert Goldberg, MD

**3:15 PM – 3:30 PM** **Break (with Exhibitors)**

**3:30 PM – 4:10 PM** **What’s New Doc? - Updates in ACOEM Guidelines, DOT, Infectious Diseases, and Workers’ Compensation**  
Matthew Hughes, MD; Ray Meister, MD; Anne-Marie Puricelli, MD; Eric McDonald, MD

**4:15 PM – 4:55 PM** **Rutherford Johnstone Award Lecture (CME)**

**4:55 PM – 5:10 PM** **WOEMA Business Meeting (all are welcome, however, only WOEMA members may vote)**

**5:15 PM – 6:15 PM** **Networking Reception with Exhibitors**

**6:00 PM – 7:00 PM** **Residents Networking Session with WOEMA leadership**

**7:00 PM – 9:30 PM** **Signature Event: Fiesta By the Bay**

• **PLENARY SESSIONS** •**SATURDAY, SEPTEMBER 14, 2019**

<b>7:00 AM – 8:00 AM</b>	<b>Continental Breakfast / Exhibits</b>	<b>1:15 PM – 1:30 PM</b>	<b>Resident Research Poster Awards &amp; Resident Research Presentation</b>
<b>8:00 AM – 8:15 AM</b>	<b>WOEMA &amp; ACOEM Presidents Addresses</b> Bernyce Peplowski, DO, WOEMA President; and Stephen Frangos, MD, ACOEM President	<b>1:30 PM – 2:15 PM</b>	<b>OEM Jeopardy</b>
<b>8:15 AM – 9:10 AM</b>	<b>The Building of Apportionment</b> Shawn King, JD	<b>2:20 PM – 3:15 PM</b>	<b>OSHA-Mandated Medical Surveillance Exams – How the OEM Physician Can Help Employers While Serving Their Workers</b> Paul Papanek, MD
<b>9:15 AM – 10:15 AM</b>	<b>Disaster Preparedness and Response: An Occupational Medicine Perspective</b> Ellyn McIntosh, MD	<b>3:15 PM – 3:30 PM</b>	<b>Obesity Treatments - Medical and Surgical Options</b> David Chiu, MD; Robert Zane, MD
<b>10:15 AM – 10:45 AM</b>	<b>Break / Exhibits</b>	<b>3:30 PM – 4:20 PM</b>	<b>Clinical Evaluation, Electrodiagnostic Testing and Treatment for Common Entrapment, Unusual and Toxic Neuropathies</b> Jonathan Rutchik, MD
<b>10:45 AM – 11:25 AM</b>	<b>Upper Extremity Disorders: What Works and What Doesn't</b> Danny Wongworawat, MD	<b>4:20 PM – 4:30 PM</b>	<b>Conference Closing Remarks –</b> Akbar Sharip, MD, WOHC 2019 Chair; Erik Won, MD, WOEMA President-Elect
<b>11:30 AM – 12:15 PM</b>	<b>Rethinking Needle Stick Injuries: An Update of Current and New Infectious Agents</b> Carolyn Chu, MD; Marcia Isakari, MD		
<b>12:15 PM – 1:30 PM</b>	<b>Lunch Break (on your own)</b>		

**CONTINUING MEDICAL EDUCATION**

WOEMA is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. WOEMA takes responsibility for the content, quality and scientific integrity of this CME activity.

WOEMA designates this live educational activity for a maximum of 27.50 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**AAFP:** Application for CME credit has been filed with the American Academy of Family Physicians (AAFP). Determination of credit is pending.

**ABPM:** The American Board of Preventive Medicine (ABPM) has approved this activity for a maximum of 27.50 LLSA credits towards ABPM MOC Part II requirements

**AOA:** This conference is eligible for Category 2-A credit from the American Osteopathic Association

**QME CREDIT:** WOHC is accredited by the Administrative Director of the California Division of Workers' Compensation for Qualified WOEMA is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. WOEMA takes responsibility for the content, quality, and scientific integrity of this CME activity. Provider Number: 340

**NURSES:** Provider approved by the California Board of Registered Nursing, Provider #CEP16438 for 27.5 Contact Hours. The American Board of Occupational Health Nurses (ABOHN) American Nurse Credentialing Center (ANCC), American Academy of Nurse Practitioners (AANP), and American Academy of Physician Assistants (AAPA) accept certificates of participation for educational activities certified for AMA PRA Category 1 Credit™ from organizations accredited by the ACCME or a recognized state medical society. Please check directly with your own licensing and/or certification agency for eligibility of these credits.

## NETWORKING AND SPECIAL EVENTS

**THURSDAY, SEPTEMBER 12**  
5:00 PM - 6:30 PM

### WELCOME RECEPTION & EXHIBITS // OPEN TO ALL

Welcome Reception (Thursday): Raise your glass and toast WOHC 2019 at a sunset reception. Enjoy cocktails and hors d'oeuvres as you reconnect with WOHC friends and colleagues.

**FRIDAY, SEPTEMBER 13**  
12:00 PM - 1:15 PM

### WOMEN'S LUNCHEON: LEADING WITH RESILIENCE AND STRENGTH USING EMOTIONS TO LEAD WITH CONFIDENCE // \$65

Join us for the 3rd annual WOHC Women's Luncheon. Led by Dr. Helene Fronek, physician and certified physician coach, we will explore the challenges that women physicians face being authentic and confident in their ability to step into leadership roles and have the influence they desire on the issues that matter most to them. Learn a simple process to use your emotions that can translate into greater work-life satisfaction and success. This interactive dialogue will be held over lunch and is limited to 20 participants.

*(Advance ticket purchase required. See registration form for details)*

**FRIDAY, SEPTEMBER 13**  
12:00 PM - 1:15 PM

### LEGISLATIVE AFFAIRS ROUNDTABLE // OPEN TO ALL

Come discuss upcoming legislative and regulatory issues facing WOEMA states. Discussion will include topics of interest at a state and national level that affect providers in Occupational and Environmental Health.

**FRIDAY, SEPTEMBER 13**  
7:00 PM - 9:30 PM

### SIGNATURE EVENT – FIESTA BY THE BAY // \$95

This outdoor evening will be full of fun and enjoyment with colleagues and friends, overlooking the San Diego Bay at the Sheraton Marina. Our Mexicana theme will compliment the culture that has made San Diego so desirable, including the food, music, and a front row view of the sun setting over the harbor. Who knows? You may even learn some Salsa Dancing. Welcome and Bienvenidos!

**SATURDAY, SEPTEMBER 14**  
9:00 AM - 12:00 PM

### GUEST TOUR – USS MIDWAY MUSEUM // \$55

On this behind-the-scenes tour, guests of WOHC participants will experience a private guided tour of the United States' longest-serving naval aircraft carrier, the USS Midway. Guests are welcome to explore the collection of Southern California-built aircraft, flight simulators, and testimonies from the sailors who served on the Midway.

## LEARNING OBJECTIVES

- Explore five cross-cutting themes that illuminate OEM's cutting edges
- Deepen understanding of drugs used to treat spasticity and spasm
- Familiarize providers with required FEMA forms and training on Incident Command Structure
- Improve competency in interpreting electrodiagnostic test results
- Make more informed decisions regarding referrals for peripheral nerve disorders
- Summarize lifestyle medicine as it currently relates to Occupational Medicine
- Discuss the "soft skills" required to work with diverse and/or international colleagues, partners, or patients
- Learn enhanced back physical examination skills from musculoskeletal specialists
- Improve the performance of making work restriction recommendations for an injured worker who works aboard a ship



## REGISTRATION FORM

WOHC 2019 • September 11-14, 2019 • Sheraton San Diego Hotel & Marina Bay Tower

Name: \_\_\_\_\_ Degree: \_\_\_\_\_

Affiliation/Company: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State / Province: \_\_\_\_\_ Zip / Postal Code: \_\_\_\_\_ Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Guest name (if any): \_\_\_\_\_

**FULL WOHC CONFERENCE REGISTRATION PACKAGE**  
(ATTEND ALL DAY FRIDAY, ALL DAY SATURDAY, AND SELECT CHOICE OF ANY POST-GRADUATE SESSIONS OR WORKSITE TOUR ON THURSDAY)

<input type="checkbox"/>	WOEMA/ACOEM MEMBER	\$695
<input type="checkbox"/>	NON-MEMBER PHYSICIAN	\$795
<input type="checkbox"/>	NON-PHYSICIANS, RESIDENTS, RETIRED MEMBERS	\$450

**SINGLE ONE-DAY REGISTRATION OPTIONS ARE ALSO AVAILABLE**  
**THURSDAY ONLY (POST-GRADUATE SESSIONS & WORKSITE TOURS)**

<input type="checkbox"/>	WOEMA/ACOEM MEMBER	\$395
<input type="checkbox"/>	NON-MEMBER PHYSICIAN	\$495
<input type="checkbox"/>	NON-PHYSICIANS, RESIDENTS, RETIRED MEMBER	\$200

IMPORTANT: Please be sure not to select courses or tours that are concurrent. Space is limited for each PG Session and Worksite Tour. If you no longer wish to attend the selected course/tour or would like to switch, please notify WOEMA staff at [woema@woema.org](mailto:woema@woema.org) in order to provide others the opportunity to attend.

<input type="checkbox"/>	COMMERCIAL DRIVER CERTIFICATION COURSE
<input type="checkbox"/>	WORKSITE TOUR (WS - 1) – SOLAR TURBINES
<input type="checkbox"/>	POST GRADUATE SESSION (PG - 1) – POWER ORTHO
<input type="checkbox"/>	CA WORKERS' COMPENSATION CERTIFICATE COURSE
<input type="checkbox"/>	WORKSITE TOUR (WS - 2) – USS MIDWAY
<input type="checkbox"/>	POST GRADUATE SESSION (PG - 2) – POWER PHARMA

**TOTAL: \$** \_\_\_\_\_

**A LATE FEE OF \$50 WILL BE ADDED TO ALL REGISTRATIONS RECEIVED AFTER AUGUST 1, 2019.**

**CIRCLE ONE:** Check    Visa    Mastercard    AMEX

Card # \_\_\_\_\_ Exp. Date: \_\_\_\_\_ CCV: \_\_\_\_\_

Cardholder name (please print): \_\_\_\_\_

Signature \_\_\_\_\_

Email: [woema@woema.org](mailto:woema@woema.org)

FAX: 415-764-4915

Register on-line: <https://woema-wohc.regfox.com/wohc-2019>

**SINGLE ONE-DAY REGISTRATION OPTIONS ARE ALSO AVAILABLE**

**FRIDAY ONLY**

<input type="checkbox"/>	WOEMA/ACOEM MEMBER	\$395
<input type="checkbox"/>	NON-MEMBER PHYSICIAN	\$495
<input type="checkbox"/>	NON-PHYSICIANS, RESIDENTS, RETIRED MEMBERS	\$250

**SATURDAY ONLY**

<input type="checkbox"/>	WOEMA/ACOEM MEMBER	\$395
<input type="checkbox"/>	NON-MEMBER PHYSICIAN	\$495

**OCCMED BOARD EXAM PREPARATION COURSE**  
(WEDNESDAY, SEPTEMBER 11 - FULL DAY)

<input type="checkbox"/>	ACOEM MEMBER	\$495
<input type="checkbox"/>	NON-MEMBER PHYSICIAN	\$695
<input type="checkbox"/>	NON-PHYSICIANS, RESIDENTS, RETIRED MEMBERS	\$295

**WORKERS' COMP CERTIFICATE COURSE**  
(THURSDAY, SEPTEMBER 12- ½ DAY)

<input type="checkbox"/>	ALL ATTENDEES	\$295
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**GUEST PASS**

<input type="checkbox"/>	INCLUDES BREAKFASTS AND RECEPTIONS (GUEST TOUR AND SIGNATURE EVENT SOLD SEPARATELY)	\$100
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**SPECIAL EVENTS AND GUEST ACTIVITIES**

<input type="checkbox"/>	GUEST TOUR: USS MIDWAY MUSEUM	\$55
<input type="checkbox"/>	SIGNATURE EVENT: FIESTA BY THE BAY	\$95
<input type="checkbox"/>	WOMEN'S LUNCHEON	\$65

Checks should be made payable to WOHC.  
All checks must be made in U.S. Dollars, drawn on U.S. banks.  
Mail to: WOEMA  
575 Market Street, Suite 2125  
San Francisco, CA 94105

## GENERAL INFORMATION

### ACCOMMODATIONS

Discounted room rates are available at the WOHC host hotel, the Sheraton San Diego Hotel and Marina - Bay Tower located at 1590 Harbor Island Drive, San Diego, CA 92101. The is located less than one mile from the San Diego International Airport and a free shuttle service is provided to the hotel.

The group rate is \$219/night, single or double. The \$26/day resort fee is waived for those who book within the WOHC room block and attendees will be able to select to pay for the resort amenities, including in-room WiFi. You may reserve your room by phone at 619-291-2900 and reference "WOEMA" or reserve your room online at [http://bit.ly/WOHC19\\_HotelRoom](http://bit.ly/WOHC19_HotelRoom). The discounted room rate is available until August 21, 2019, or until sold out. After this date or once the block is sold out, rooms may be booked based on availability and at the hotel's prevailing rate.

### ATTIRE

Casual business attire is recommended. Average Temperature for San Diego, California during September is High 75° and Low 66°

### GUEST PASS

Guests may attend when registered with a conference registrant. A fee of \$100 per guest applies. Registered guests may attend continental breakfasts, breaks, and evening receptions. Luncheons and special events are not included.

### RESIDENT SCHOLARSHIPS & POSTER SESSION

WOEMA offers a limited number of scholarships to residents interested in attending the conference. Priority is given to WOEMA members. Those awarded scholarships will be requested to assist with speaker introductions and other activities to facilitate the conference. Please go to [www.woema.org](http://www.woema.org) to complete an application form. WOEMA invites resident physicians to present posters on occupational and environmental medicine research or projects that have been conducted. A review panel will award first prize (\$250) and a second prize (\$125) to the presenters. Resident Physicians should indicate their intent to enter a poster by contacting the WOEMA office at 415-764-4918 by August 1.

### MEMBERSHIP DISCOUNT

The American College of Occupational and Environmental Medicine (ACOEM) is the premier association of occupational and environmental medicine (OEM) physicians and other OEM health professionals in the world. Members in ACOEM and WOEMA are eligible for registration discounts in addition to the benefits accrued throughout the year. Physicians in California, Nevada, Arizona, Utah, and Hawaii join the WOEMA component through application to ACOEM. Become a member by calling ACOEM at 847-818-1800 or join on-line at [www.acoem.org](http://www.acoem.org).

### CANCELLATION POLICIES

Cancellation notification must be made in writing by no later than August 9, 2019 by email to WOEMA at [woema@woema.org](mailto:woema@woema.org). If a cancellation request is received by August 9, 2019, payment will be refunded less a \$75.00 administrative fee. Refunds will not be issued for notifications after August 9, 2019. Post-Graduate Sessions and Worksite Tours are subject to a minimum and maximum attendance. If the requirements are not met, WOEMA reserves the right to cancel or, if a sell-out occurs WOEMA reserves the right to limit attendance where necessary.

### SPECIAL ACCOMMODATIONS

If due to a disability you have special needs or requirements, please call 415-764-4918 and we will do our best to accommodate your needs.

### EXHIBIT AND COMMERCIAL SUPPORT OPPORTUNITIES

To reserve an exhibit space, go to [www.woema.org](http://www.woema.org) to complete the on-line exhibitor registration form. Exhibit spaces are available for \$1,750 each, which provides a space furnished with a 6-foot table, two chairs, a one-line sign and full conference registration for two representatives. There is a \$150 electricity fee for booths requesting electrical access. Additional representatives can be registered at a fee of \$550 each, and all representatives MUST be registered in order to staff your booth.

### QUESTIONS? CONTACT US

For questions, contact WOEMA by email or phone at: [woema@woema.org](mailto:woema@woema.org) or call: 415-764-4918

Registration is available on-line at: <https://woema-wohc.regfox.com/wohc-2019>

**SAVE THE DATE!**  
**WOHC 2020 IS IN LONG BEACH**  
• **SEPTEMBER 23-26, 2020** •  
**WESTIN LONG BEACH**  
**\$219/NIGHT**

**Western Occupational & Environmental Medical Association (WOEMA)**  
575 Market Street, Suite 2125  
San Francisco, CA 94105